



# When you are . . . **Overwhelmed** when its too much for me Underfed when I have too little



## It's not what happens TO you but what happens IN you that matters most.



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## It's The Spirit in you, not the circumstances around you, that determine your future.



#### John 3:5

"Jesus answered, 'I tell you the truth, no one can enter **the kingdom of God** unless he is born of water and **the Spirit**"



#### John 7:38-39

"Whoever believes in Me, as the Scripture has said, streams of living water will flow from within him [or her].' By this Jesus meant The Spirit, whom those who believed in Him were later to receive."



#### John 14:26-27

"But the Counselor, the Holy Spirit, whom the Father will send in My name, will teach you all things ... Peace I leave with you; My peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid."



#### John 16:13

"When **the Spirit of truth** comes, he will **guide you into all the truth**, for he will not speak on his own authority, but whatever he hears he will speak, and he will declare to you the things that are to come."



#### **Ephesians 5:18**

"Do not get drunk on wine, which leads to debauchery. Instead, **be continuously filled with The Spirit**."





# **Spirit Living | Kingdom Victory** Ephesians 6:10-18



#### 1 Am I blaming other people for what is inside of me?

For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil **(6:12)** 



#### 2 Am I being honest about my part in the problems I have?

Stand firm then, with the belt of truth buckled around your waist

(Ephesians 6:14a)



### 3 Am I allowing wrong things to fill my heart these days?

Stand firm then . . . with the breastplate of righteousness in place

(Ephesians 6:14b)



# **4** Am I really ready to submit to God's plan for my peace?

Stand firm then . . . and with your feet fitted with the readiness that comes from the gospel of peace.

(Ephesians 6:15)



#### **5** Will I focus on obeying God today or worrying about tomorrow?

In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one.

#### (Ephesians 6:16)



#### 6 Am I reading & submitting to God's Word daily?

Take the helmet of salvation and the sword of the Spirit, which is the word of God.

#### (Ephesians 6:17)



# **7** Am I praying in the Spirit daily & when overwhelmed?

And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints.

#### (Ephesians 6:18)



#### What's Happening In Me?

#### Am I . . .

1. blaming others for what is inside of me? 2. being honest about my part in my problems? 3. allowing wrong things to fill my heart? 4. ready to submit to God's plan for peace? 5. focusing on obeying God today? 6. reading God's Word daily? 7. praying in the Spirit daily?

