

## Five - Part Forgiveness Prayer

### **Part 1 - Forgiving and/or Repenting**

*In obedience we choose to forgive or repent. Matthew 6:14-15, James 4:7. 1 John 1:9*

**To Forgive:** Heavenly Father, I purpose and choose to forgive... (the person for what they did.) I release them and cancel their debt to me. They owe me nothing.

**To Repent for Sinful Reactions:** Heavenly Father, forgive me for (my sinful responses). I purpose and choose to forgive myself.

### **Part 2 - Canceling Satan=s Authority**

In the name of Jesus and by the power of His blood, I cancel Satan=s power and authority over me in the issue of (the offense) and release any debt or obligations to me. Ephesians 4:27, James 4:7

**Part 3 - Blessing Those Who Have Hurt Me** Father, in obedience I ask that You bless (the person who hurt you.) Lord, You alone know the needs in their life and what would bring them closer to You. Please bless them now. Romans 12:14-21

### **Part 4- Asking for Healing**

Lord, I ask to be healed of a broken heart and/or a broken body - to be free from pain, shame, anger, guilt, rejection, bitterness, fear. I seek the renewing of my mind and/or the purging of my conscience. Psalm 103:3, Romans 12:1-2, Luke 4:18-19, Hebrew 9:14

### **Part 5 - Listening or Talking with God**

Holy Spirit, please tell me Your truth about this specific situation. .  
. Listen (The Holy Spirit talks to us in a quiet voice, dreams, visions, impressions, or just takes the pain and leaves us His peace.) John 14:26

