

Misanthropy

Prayer for the Hatred of Men

Lord Jesus, I thank You for creating woman and man to be together the image of God. I have not rejoiced nor celebrated man as being fearfully and wonderfully made. I confess this as sin.

I acknowledge that I am here because of the sexual union between man and woman but I confess to You that I do not like the way You made men. I do not like the physical attributes of the male genitalia. I have not appreciated the wonder of your handiwork.

I confess that I have judged all men as selfish, controlling, overpowering, lustful, spiritually uncommitted, and that they place a higher priority on sex and their work than they do on a meaningful relationship with their wives and children. I confess that I cannot trust men to love without lust or exploitation. I have been angry that I have never known a man who could just hug me and hold me in a clean way.

I confess that I have been angry with You for creating men in ways that allow for the perversions I have experienced in my life. I have believed that the urges You placed in _____ led to my abuse.

I do not know how to change my heart and emotions so I am relying upon You as my Savior to take this rage from me and to allow me to see men as You see them individually and corporately. I ask that You allow me to see them as You created them and to recognize the perversions of the enemy and the flesh of what You created and pronounced as good.

I forgive the men in my life who have abused me emotionally, mentally, physically, and sexually. I forgive those who have lusted after me and other women, who have exploited me and other women. (Name those you forgive.)

I ask You to forgive me for the judgements that I have made against men and You for creating men in a way I saw as flawed. Please bring this judgement to death on the Cross and bring to death the expectations that I have that men will be selfish, controlling, overpowering, lustful, spiritually uncommitted, and that they will place a higher priority on sex and their work than on meaningful relationships with their wives and children. I ask that You resurrect in me a new life and a new way of seeing the wonderful handiwork that You created as man.

Grant me the grace I need to continually submit to You the negative and bitter emotions and attitudes that I have carried for so long so that I may learn to walk in a new way, Your way, the way of forgiveness, mercy and grace.