

## Psalms 91

HE WHO dwells in the secret place of the Most High shall remain stable and fixed under the shadow of the Almighty [Whose power no foe can withstand].

I will say of the Lord, He is my Refuge and my Fortress, my God; on Him I lean and rely, and in Him I [confidently] trust!

For [then] He will deliver you from the snare of the fowler and from the deadly pestilence.

[Then] He will cover you with His pinions, and under His wings shall you trust and find refuge; His truth and His faithfulness are a shield and a buckler.

You shall not be afraid of the terror of the night, nor of the arrow (the evil plots and slanders of the wicked) that flies by day,

Nor of the pestilence that stalks in darkness, nor of the destruction and sudden death that surprise and lay waste at noonday.

A thousand may fall at your side, and ten thousand at your right hand, but it shall not come near you.

Only a spectator shall you be [yourself inaccessible in the secret place of the Most High] as you witness the reward of the wicked.

Because you have made the Lord your refuge, and the Most High your dwelling place,  
There shall no evil befall you, nor any plague or calamity come near your tent.

For He will give His angels [especial] charge over you to accompany and defend and preserve you in all your ways [of obedience and service].

They shall bear you up on their hands, lest you dash your foot against a stone.

You shall tread upon the lion and adder; the young lion and the serpent shall you trample underfoot.

Because he has set his love upon Me, therefore will I deliver him; I will set him on high, because he knows and understands My name [has a personal knowledge of My mercy, love, and kindness--trusts and relies on Me, knowing I will never forsake him, no, never].

He shall call upon Me, and I will answer him; I will be with him in trouble, I will deliver him and honor him.

With long life will I satisfy him and show him My salvation.

## Psalms 31

IN YOU, O Lord, do I put my trust and seek refuge; let me never be put to shame or [have my hope in You] disappointed; deliver me in Your righteousness!

Bow down Your ear to me, deliver me speedily! Be my Rock of refuge, a strong Fortress to save me!

Yes, You are my Rock and my Fortress; therefore for Your name's sake lead me and guide me.

Draw me out of the net that they have laid secretly for me, for You are my Strength and my Stronghold.

Into Your hands I commit my spirit; You have redeemed me, O Lord, the God of truth and faithfulness. [You and] I abhor those who pay regard to vain idols; but I trust in, rely on, and confidently lean on the Lord. I will be glad and rejoice in Your mercy and steadfast love, because You have seen my affliction, You have taken note of my life's distresses,

And You have not given me into the hand of the enemy; You have set my feet in a broad place.

Have mercy and be gracious unto me, O Lord, for I am in trouble; with grief my eye is weakened, also my inner self and my body.

For my life is spent with sorrow and my years with sighing; my strength has failed because of my iniquity, and even my bones have wasted away.

To all my enemies I have become a reproach, but especially to my neighbors, and a dread to my acquaintances, who flee from me on the street.

I am forgotten like a dead man, and out of mind; like a broken vessel am I.

For I have heard the slander of many; terror is on every side! While they schemed together against me, they plotted to take my life.

But I trusted in, relied on, and was confident in You, O Lord; I said, You are my God.

My times are in Your hands; deliver me from the hands of my foes and those who pursue me and persecute me.

Let Your face shine on Your servant; save me for Your mercy's sake and in Your loving-kindness. Let me not be put to shame, O Lord, or disappointed, for I am calling upon You; let the wicked be put to shame, let them be silent in Sheol (the place of the dead).

Let the lying lips be silenced, which speak insolently against the [consistently] righteous with pride and contempt.

Oh, how great is Your goodness, which You have laid up for those who fear, revere, and worship You, goodness which You have wrought for those who trust and take refuge in You before the sons of men! In the secret place of Your presence You hide them from the plots of men; You keep them secretly in Your pavilion from the strife of tongues.

Blessed be the Lord! For He has shown me His marvelous loving favor when I was beset as in a besieged city.

As for me, I said in my haste and alarm, I am cut off from before Your eyes. But You heard the voice of my supplications when I cried to You for aid.

O love the Lord, all you His saints! The Lord preserves the faithful, and plentifully pays back him who deals haughtily

## Psalms 61

HEAR MY cry, O God; listen to my prayer.

From the end of the earth will I cry to You, when my heart is overwhelmed and fainting; lead me to the rock  
that is higher than I [yes, a rock that is too high for me].

For You have been a shelter and a refuge for me, a strong tower against the adversary.  
I will dwell in Your tabernacle forever; let me find refuge and trust in the shelter of Your wings. Selah [pause,  
and calmly think of that]!

For You, O God, have heard my vows; You have given me the heritage of those who fear, revere, and honor  
Your name.

May You prolong the [true] King's life [adding days upon days], and may His years be to the last  
generation [of this world and the generations of the world to come].  
May He sit enthroned forever before [the face of] God; O ordain that loving-kindness and faithfulness may  
watch over Him!

So will I sing praise to Your name forever, paying my vows day by day.

## Psalms 121

I WILL lift up my eyes to the hills [around Jerusalem, to sacred Mount Zion and Mount Moriah]--From  
whence shall my help come?

My help comes from the Lord, Who made heaven and earth.

He will not allow your foot to slip or to be moved; He Who keeps you will not slumber.

Behold, He who keeps Israel will neither slumber nor sleep.

The Lord is your keeper; the Lord is your shade on your right hand [the side not carrying a shield].

The sun shall not smite you by day, nor the moon by night.

The Lord will keep you from all evil; He will keep your life.

The Lord will keep your going out and your coming in from this time forth and forevermore.

