Inner Vows Breaking Sinful Vows

Lord, I acknowledge the legitimate needs/desires that these vows are attempting to care for. I realize that I was trying in my own efforts to (control life, protect self, get revenge, etc.). I choose now to break these inner vows.

In the name of Jesus, I confess the inner vow(s) to
I ask You to forgive me for making and holding this (these) vow(s).
I repent of making and holding this (these) vow(s).
I now renounce this (these) yow(s). I renounce (State each yow separately.)

In the name of Jesus I give back to Satan and to this vow, (let the Holy Spirit lead you in what the person has gained from the vow. Often it includes false senses of control, protection, revenge, security, identity, etc.)

In the name of Jesus, I now take back those things that I lost when making this vow. (Again, let the Holy Spirit lead you in the "take backs." Often these includes the ability to trust God for protection, rights for revenge, the ability to rest in God, identity as a child of God, etc.)

In the name of Jesus, I sever all ties of darkness connected to this vow in any way, shape or form.

Prayer Minister: By the power and authority of the Lord Jesus Christ, I break this vow. I command your body, spirit, emotions, and mind to remember it no more. You are free, restored to your original design. You are no longer required to feel, think and act according to this vow.