

OCCULT WORKSHEET

Participating in any of these activities does not automatically mean that demonic inroads are opened into a person's life, but these activities can open a person and make them vulnerable.

Occult games or activities

- ☐ Attend a séance or spiritualist meeting
- ☐ Participated in astrology by:
 - read or follow horoscopes
 - astrology chart made for self
- ☐ Party games involved with:
 - automatic writing
 - clairsentience (through touch)
 - clairvoyance / mind reading
 - crystal ball gazing
 - ESP (Extra Sensory Perception)
 - healing magnetism
 - hypnotism
 - levitation (lifting bodies)
 - magic eight ball
 - mental suggestion
 - mental telepathy
 - Ouija Board
 - palm reading
 - perceiving auras
 - precognition
 - psychometry
 - self hypnosis
 - speaking in a trance
 - table tipping / lifting
 - tarot cards
 - telekinesis / parakinesis (move objects with mind)
 - visionary dreams with spirit guides
- ☐ Consulted a medium, numerologist or handwriting analyst
- ☐ Invited and/or interacted with ghosts

Psychic experiences, metaphysics

- ☐ Sought psychic experiences
- ☐ Practiced mind control over anyone
- ☐ Have or had a spirit guide
- ☐ Received or participated in psychic healing or psychic surgery
- ☐ Practiced psychic sight or third eye training
- ☐ Received or participated in non-Christian faith healing
- ☐ Practiced soul travel, astral travel or astral projection

Magic -- black or white

- ☐ Attend or participate in Wicca (white witch) activities or church
- ☐ Attend or participate in witchcraft or voodoo
- ☐ Learned how to cast a magic spell
- ☐ Practice magic (use of true supernatural powers)
- ☐ Place, sent or spoken a curse against someone
- ☐ Participated in chain letter where there was a curse against those who did not participate
- ☐ Used a charm of any kind for protection
- ☐ Participated in or entered into a blood pact or covenant
- ☐ Sought healing through:
 - magic spells
 - charms
 - Christian Scientist reader
 - spiritualist
 - witch doctor
 - shaman
- ☐ Practiced water witching or dowsing
- ☐ Predict sex of unborn child with divining rod
- ☐ Read or possess books about magic, magic spells, or witchcraft
- ☐ Played Dungeons and Dragons using spells and magic as part of the game

Satanic

- ☐ Made a pact with satan or been involved in or witnessed satanic worship
- ☐ Listened to hard rock or acid rock music with satanic influence to the band
- ☐ Possessed any satanic symbols or objects – posters, pictures, jewelry
- ☐ Invited, participated with sexual spirits (incubus and succubus)
- ☐ Watched, read, been very interested in occult horror stories / movies (Exorcist, Rosemary's Baby, The Omen, Poltergeist, Amityville)
- ☐ Read or possess books about satanism

Occult Literature – Psychic Writings

- ☐ Read or possess occult literature
 - Book of Shadows
 - Avesta
 - I Ching
 - The Book of Venus
 - The Satanic Bible
 - The Book of the Dead
 - Secrets of the Psalms
 - The Vedas
 - Sixth and Seventh books of Moses
- ☐ Read or interested in psychic writings of:
 - Edgar Casey
 - Aleister Crowley
 - Anton Le Vay
 - Ruth Montgomery
 - Uri Geller
 - Jean Dixon
 - Nostradamus
 - Joel Goldsmith
 - Rosicrucian's
- ☐ Read or possessed books about psychic phenomena
- ☐ Immersed in books, TV and/or movies involving magical powers / forces (Harry Potter, Abby Cadabra, Twilight, Vampire Diaries, Supernatural)
- ☐ Desire or fantasize about having magical and/or spiritual powers that you can control or channel

Alternative medicine with New Age emphasis

- ☐ Acupuncture
- ☐ Acupressure
- ☐ Color therapy (not light therapy)
- ☐ Crystals and crystal therapy
- ☐ Guided imagery
- ☐ Healing Stones
- ☐ Healing Touch, Reiki
- ☐ Homoeopathy
- ☐ Hypnotherapy
- ☐ Iridology
- ☐ Kinesiology
- ☐ Magnetic healing
- ☐ New Age medicine
- ☐ Non-Christian faith healers
- ☐ Past lives therapy
- ☐ Pyramid healing
- ☐ Radiesthesia
- ☐ Reflexology
- ☐ Zone therapy

Mind altering drugs – non-medical purposes

- ☐ LSD, LSA, DMT
- ☐ Opiates (heroin, morphine, percocet, vicodin, codeine)
- ☐ Barbiturates (downers, reds, yellowjackets)
- ☐ GHB
- ☐ Valium (diazepam, roofies)
- ☐ PCP (phencyclidine, angel dust, hog)
- ☐ Special-K (ketamine)
- ☐ DXM (dextromethorphan)
- ☐ Nozz (nitrous oxide)
- ☐ Marijuana (pot, refer, weed)
- ☐ Peyote / Mescaline
- ☐ Alcohol
- ☐ Cocaine / crack
- ☐ Inhalants (propane, butane, Freon, solvents, alkyl nitrites, glue)

Cults, false religions

- ☐ Possess any pagan religious objects, jewelry, statutes, icons
- ☐ Visited any pagan temples, shrines, meeting-house, house of prayer
- ☐ Participated in non-Christian or cult religious activities such as:
 - Baha'ism
 - Black Muslim
 - Children of God
 - Christian Science
 - Church of the Living Word
 - Eckankar
 - Father Divine
 - Fetishism (practices using objects of worship / idols)
 - H. W. Armstrong (Worldwide Church of God)
 - Hare Krishna
 - Hinduism
 - Islam
 - Jehovah's Witnesses
 - Kabbalah
 - Martial Arts (Aikido, Judo, Karate, Kung Fu, Tae Kwan Do)
 - Matthew Manning
 - Mormonism
 - New Age Movement
 - Rosicrucianism
 - Roy Masters
 - Science of Creative Intelligence
 - Science of the Mind
 - Scientology

Silva Mind Control
Swedenborgianism
The Way International
Theosophical Society
Transcendental Meditation
Unification Church
Unitarianism
Unity School of Christianity
Yoga (Karma, Bhakti, Jnana, Raja, Hatha)
Zen Buddhism

- ❑ Participated in a secret society
 - KKK (Ku Klux Klan)
 - Knights of Columbus
 - Freemasonry - Masonic Order
 - Eastern Star
 - Rainbow Girls or Job's Daughters
 - Order of DeMolay
 - Rosicrucian
 - Illuminati
 - Bloods
 - Crips
 - Mafia (La Cosa Nostra)
 - Triad
 - Tong
 - Skull & Bones
 - College Fraternity
 - College Sorority

Ancestral Transfer of demonic influences (Generational Sins & Iniquities)

- ❑ All Nationalities
 - Sickness
 - Prejudice
 - Negative emotions
 - Alcoholism
 - Poverty
 - Sex sins
- ❑ African
 - Witch Doctors — Idolatry
 - Incantations—gyrations
 - Cannibalism
 - Guide spirits
 - Fear of unknown
 - Fear of control
- ❑ Catholic
 - False religious spirits
 - Idolatry
 - Necromancy
 - Madonna
 - Legalism
 - Prejudice
 - Arrogance
 - Papal worship

- ❑ English
 - Self
 - Idolatry — King & Queen worship
 - Frigidity
 - Witchcraft—tea leaves—fortune telling
 - Dominating father
 - Superstition
- ❑ German
 - Strong will
 - Stubborn
 - Self will
- ❑ Greek
 - Pride
 - Traditionalism
 - Intellectualism
 - Idolatry—myths
 - Strife, destruction, anger
 - Murder—suicide
 - Adultery—lust
 - Blindness—deception
 - Rejection
 - Stubbornness
 - Respecter of persons
 - Witchcraft—control, manipulation, superstition
- ❑ Irish
 - Superstition
 - Alcoholism
 - Temper
 - White magic
 - Love to fight
 - Druids—trolls
 - Selfish
 - Fantasy
- ❑ Italian
 - Strong mother
 - Anti-Christ
 - Control
 - Lust (wine, women, song)

Steps to Freedom from Occult Involvement and Bondage

The following are steps to take that will bring freedom from any bondage that may arise out of Occult Involvement.

Step 1 – Assurance that Jesus Christ is the Savior and Lord of your life. If you have not received Him as your Savior and Lord, then do it now!

Step 2 – Forgive anyone who has wronged you and hurt you. If you do not forgive others – first -- then you cannot be forgiven (Mt 6:14-15; Mk 11:25-26; Lu 6:37).

Step 3 – Repent and confess your sins to God and to one another (I Jn 1:9; Ja 5:16). Be specific and confess each one. Any that are missed may allow the powers of darkness to have a legal hold on that area of our life.

Step 4 – Rebuke and command all of the demons and evil spirits associated with the occult involvement to release any hold upon you and to leave now because of the forgiveness you have received through the blood of Jesus Christ.

Step 5 – Receive and appropriate by faith the forgiveness and freedom that is yours because of what Jesus Christ has done for you.

Step 6 – Rejoice that Jesus has set you free!

Prayer to be Prayed

Heavenly Father, I acknowledge that Jesus Christ is my Lord and Savior. I believe that Jesus is Your only Son and that He died on a cross for my sins. Lord Jesus, Your blood has purchased me and redeemed me. You rose again and are alive and have called me to be with you forever.

Lord Jesus, I recognize that I cannot be forgiven if I haven't forgiven others. By a decision of my will, I choose to forgive all who have harmed me or wronged me. In particular, I now forgive the following people: _____ (list the people).

Lord Jesus, I also confess that I have sinned and have been involved in the following occult groups, activities, or practices: _____ (list the items checked from the Occult Worksheet).

I recognize that my involvement is sin. I confess my sins to you and renounce my involvement in any of these occult groups or practices. I ask you to forgive me and cleanse me from all of this unrighteousness. Lord Jesus, because I want to be totally free from all occult involvement

and bondages, I will burn and destroy all objects in my possession which connect me with any occult groups, activities or practices.

I also confess the occult sins of my ancestor's: _____ (list those which are known). I renounce these sins and any unknown sins that they committed. I ask for your forgiveness and that Your blood will cover over these sins and the generational consequences that they brought upon me and my family.

Lord Jesus, if my involvement in the occult or my ancestor's involvement in the occult has established ungodly soul ties, I ask You to break and sever those ties. Lord Jesus Christ, break the power of these sins and ties and set me free from all bondages and generational curses that have come down through the generations either to me or to my family.

Heavenly Father, I ask that you would reverse any damage that has been caused in my life or my family's life as a result of my sins or the sins of my ancestors. I ask for your total healing and restoration to our lives.

By faith, I now receive my freedom and release from this bondage. Lord Jesus – thank you for setting me free!

AMEN

Binding Prayer for Protection

(The following prayer is prayed by the Prayer Minister following the prayer above.)

In the name of Jesus Christ, by the power of His Cross and His Blood, I bind the spirits, powers and forces of the earth, the underground, the air, the water, the fire, the netherworld and the satanic forces of nature.

I rebuke any hexes, vexes, curses, incantations or spells sent against us and send them directly to Jesus for Him to deal with them as He will. Lord Jesus Christ, I ask You to bless our enemies by sending Your Holy Spirit to lead them to repentance.

I now bind all interplay, interaction and communication of evil spirits. I claim the protection of the shed blood of Jesus Christ over _____ (name of person).

Thank You Lord Jesus for Your protection.

AMEN