

Prayer Minister's Guide for Prayers That Heal the Heart

*In praying these prayers, always be referring back to Jesus for information using the language of the heart. Do not come at this **logically**.

1. Prayer for Breaking Generational Sins and Curses

1. I confess and repent of the sins of my ancestors (recall any in particular God reveals), my parents, and my own sin of _____. I repent of any anger and resentment that I have against you, God, for allowing this in my life.

2. I forgive and release my ancestors for passing on to me this sin and for the resulting curses of _____. (Be specific and ask the Lord to reveal to you.) I ask you to forgive me for my participation in this sin. I receive your forgiveness. I forgive myself for participating in this sin.

3. *Prayer Minister pronounces: "In the name of Jesus Christ, I forgive you and God forgives you."*

4. Picture yourself as a baby in your mother's womb. When you see yourself there, Picture the streams of negative energy flowing to you from your mother's side of your family. *"Lord, I place the Cross of Jesus Christ between the negative energy of the sins of my ancestors and resulting curses and myself."* Watch and see what happens to the sin energy and all resulting curses as they hit the Cross. When the negative stream has hit the Cross and you feel no more power from it, pray *"I now ask You, Lord, to release new freedom and all the blessings of Calvary and the finished work on your Cross upon me and upon all my descendants."*

(Pray the same way pictorially for your father's side of the family. If you are adopted and feel that this sin is present in your adopted family, it does no harm to pray this prayer for your adopted family also. Prayers for soul ties also are important for the adopted.)

2. Prayer for Severing Ungodly Soul Ties

1. I confess and repent of my sin of coming into ungodly agreement with _____. Forgive me, God, of any anger and resentment I may have against You for allowing this to happen in my life.

2. I forgive _____ for their involvement in this sin. I ask you to forgive me for my participation. I receive your forgiveness. I forgive myself.

3. *Prayer Minister pronounces: "In the name of Jesus Christ, I forgive you and God forgives you."*

4. Using pictures of the heart, see the soul ties between self and others. Prayer minister may lead in a prayer of cutting soul ties until all are cut and there is peace. Using the hand to physically simulate cutting the strands may help.

5. When peace is restored, pray the following. *"Lord, restore the broken or torn portions of my soul. Remove from me anything that has come into me through these soul ties and restore to me anything that has been stolen. In the name of Jesus Christ, I now speak to every part of you: your mind, your body, your spirit and your emotions. You are no longer bound to act according to these soul ties."*

Difficulties in breaking soul ties may be: 1. Unforgiveness 2. A perceived need or benefit for keeping the soul tie 3. Fear of a negative consequence of breaking the soul tie.

3. Prayers for Releasing Negative beliefs/lies/bitter root judgements

1. Lord, I confess and repent of my sin of agreeing with the lie that _____ and for the ways I have judged others and/or institutions based on this lie. Forgive me for believing this lie. I receive Your forgiveness. I forgive myself.

2. I forgive _____ for any way they have wounded me or helped me to believe that this was so.

3. I bring this judgment to Your Cross, Lord, and ask You to bring it to death. I also ask that You bring to death any reaping and sowing that may still be going on in my life as a result of this judgement and the expectancies that accompany it.

4. Prayer for Breaking Inner Vows

1. Lord, I confess making and holding the inner vow of _____.

2. Lord, I ask You to forgive me for making and holding

this inner vow. I repent of making and holding this vow.

3. I now renounce making and holding this vow of

_____.

4. *Prayer Minister: "In the Name of Jesus, I forgive your and God forgives you for making and holding these inner vows and for any way these vows have hindered your relationship with God and others. In the name of Jesus Christ, I now speak to every part of you: your mind, your body, your spirit, and your emotions. You are no longer bound to act according to this (these) vows."*

Asking God to speak to the lie and to the vow:

"Lord, You have heard what _____ believes and how they chose to cope with this lie. What is the truth about this lie they have believed and the vows they have made." State the belief and the vow.

Check with the client for concerns or objections once they have heard from God. "How do you feel about what God has said?" Look for more negative beliefs in their answers and then pray, "Lord, what do you have to say about this?" Continue this process until there is complete peace.

Prayer Asking God What to Do When Lie Resurfaces

1. *"Lord, now that You have spoken your truth to this lie, what do **You** want them to do when the lie returns?" Let them stay quiet and receive their answer from the Lord.*

2. Lead client in the prayer: *"I accept and affirm the truth that you have spoken to me that _____. And when I find I am once again tempted to believe this lie, I choose to remember what the Lord spoke and act upon it."*

5. Healing Through Divine Pictures

Guidelines for Prayer Ministers:

- The key here is to be a coach for the client. You do not have to hear their story. It is not necessary to receive the healing.
- If the initial scene is too intense, let Jesus take them to a safe place in the memory just after the trauma occurred.
- Repeat their key words: "You are on the

playground." Pray: "Lord, anoint their eyes to see you." Ask, "What is happening?"

- Do not pressure them. "Lord, thank you that there is no pressure here. Relax, as a little child and look to see where Jesus is."
- Repeat after them to encourage them. "You see your mother in the kitchen. . . That's good, what else do you see?"
- For each scene, affirm what you know to be true. "Lord, You were there in that troubling scene. Jesus, please, show us where you were."
- Keep affirming that it is all about Jesus and not them.
- Keep them tuned to the memory. Do not end too soon. Let them have complete peace in what God has revealed to them.
- If they cannot see Jesus in the memory, look for the reason: guardian lie, inner vow, (IE not to see, connect with God), or a misunderstanding about seeing or sensing God's presence.

Prayer When Memory Work is Finished

1. *"Lord, when this memory returns, to what safe place do You want them to go?" Ask the client to watch where Jesus is taking them.*

2. Prayer for client: *"Lord, I thank You for this safe place. Give me the grace to return here with You whenever any negative aspects of this memory tries to return."*

6. Prayer for Breaking Word Curses

1. I confess and repent for receiving the word curse stating the "I_____." I release any anger or resentment against You, God, for allowing this in my life.

2. I forgive and release _____ (self and others) for speaking this over me. I ask You, God, to forgive me. I receive Your forgiveness. I forgive myself for coming into agreement with these curses.

3. I joyfully accept the divine exchange Christ made for me on the cross of Calvary. I break this curse over me right now in the name of the Lord Jesus Christ and I choose to receive His divine blessing of _____ (the opposite) to replace this curse.

4. Prayer Minister: *"In the name of Jesus I forgive you and God forgives you. I speak to your mind, your will, your spirit and your emotions to no longer be affected by these curses."*

7. Casting Down Spiritual Strongholds

Lord, what other evil spirits may be present in this stronghold of _____ (i.e. heart issue from page 1) that I am struggling with?" (See hints for prayer ministers below)

Prayer for Casting Away Evil Spirits

1. In the Name of the Lord Jesus Christ, I set my heart and my will against you (spirit). I hate you and what you have done in my life. I renounce and break all agreements with the spirits present in this stronghold of _____, etc.

2. I take authority over these spirits of the stronghold of _____ and I bind you and command you to leave me now in the Name of the Lord Jesus Christ.

Prayer Minister:

"I speak to spirits in the stronghold of _____, _____, and _____. I order you to detach from one another and from the person and to shrink. I order you to leave this person now in the Name of the true Lord Jesus Christ. 'At the Name of Jesus every knee must bow. ' You must leave now. Loose _____ in the name of Jesus."

Guidelines for Prayer Ministers:

- Always begin with a prayer of confession of prayer minister's sins, prayer to cover yourself

and all persons present, your families, pets and property with the Blood of Jesus. Silence all lying spirits and bind all blocking and hindering spirits. Reaffirm that you are hidden in Christ.

- Search through the negative beliefs and inner vows naming the evil spirits according to the emotion or sin they personify. Group them into related groups. Number the groups according to their strength. Begin with the weakest groups and proceed to the strongest.
- Make sure the stronghold is thoroughly dismantled and that the evil spirit's anchors are completely pulled up by praying through the above five prayers. This separates you from the lies in which the spirits are anchored.
- Tell person to communicate all thoughts entering mind with the prayer minister and to tell them what they are feeling. In about half the cases, they will feel something physically.
- Describe pictorially how the person is going to feel when spiritual stronghold is dismantled. (Example, Thank You, God, that when this spirit of hate is gone, _____ will be able to feel love, peace and joy again. She will be able to rest in the Lord.)
- Once the spiritual stronghold is dismantled, ask the Lord with what He wants to replace it. (Example: The client may report, "The Lord is filling me with faith. . .")

If the evil spirits resist,

1. Go through renouncing, repenting, and setting their heart against the evil spirits again.
2. Ask, "What is this spirit attached to?" or "Lord, show us what legal right this evil spirit has to stay?" Tune into flow and receive the answer from the Holy Spirit. Then, using the appropriate prayer approach, remove this anchor so he will readily be cast away.
3. Look for what the person believes will happen if they let go of the evil spirits. What is the payback they are getting from embracing the spirits. (Example: My anger gives me power.) Or what is the negative result of letting go of the spirits. (Example: They will hurt my family.) **Important: Ask Jesus to speak to these beliefs. Do not try to convince them in your own wisdom or strength.**
4. Check to see if the person has actually forgiven those involved in hurting them.

Prayer to experience the Spirit of the Life in Christ Jesus

1. God, the power to overcome the sin of _____ is in You, the One Who lives in me. It is all about You, Lord, and Your power at work in me.
2. I turn away from my self-effort to overcome this sin, and embrace the power of the Holy Spirit Who flows within me.
3. Jesus, I release the flow of the power of the Holy Spirit out through me, to overcome completely the sin of _____.
(Use vision seeing this happen.)

Additional therapies which are also extremely important: Excellent diet (Gen 1:29), proper exercise, adequate rest, reduce stress (chemically, environmentally, spiritually, emotionally) and utilize natural health therapies as needed. For more information on these, read *Go Natural* and *Restoring Health Care as a Ministry* by Mark and Patti Virkler.

Prayer Following Total Dismantling of Stronghold

"Lord, we thank You for setting this captive free. We ask that You seal this work. In Your name, we bless _____ and speak to their brain breaking the old pathways created by these generational sins, unhealthy soul ties, lies, inner vows, traumatic memories, and word curses. We ask You to create new pathways, new synapsis, in which these new truths will flow. May the healing You have brought them today result in a deeper more loving relationship with You, others and even with themselves. May they know You more deeply as their Savior. May they now be able to embrace the purposes for which they were created. Amen."

Some Common Groupings of Evil Spirits

These groupings are not complete. They are here to aid you in discovering the evil spirits comprising strongholds.

ACCUSATION

Judging
Criticism
Faultfinding

ADDICTION

Nicotine
Alcohol
Drugs
Medications
Caffeine
Gluttony

AFFECTATION

Theatrics
Playacting
Sophistication
Pretension

BITTERNESS

Resentment
Hatred
Unforgiveness
Violence
Temper
Anger
Retaliation
Murder

CONFUSION

Frustration
Incoherence
Forgetfulness
Circular Reasoning

COMPETITION

Driving
Argument
Pride
Ego

CONTROL

Possessiveness
Dominance
Witchcraft

COVETOUSNESS

Stealing
Kleptomania
Material Lust
Greed
Discontent

CURSING

Blasphemy
Coarse Jestings
Gossip
Criticism
Backbiting
Mockery
Belittling
Railing

DEATH

DEPRESSION

Despair
Despondency
Discouragement
Defeatism

Dejection
Suicide
Hopelessness
Death
Insomnia
Morbidity

DOUBT

Unbelief
Skepticism

ESCAPE

Indifference
Stoicism
Passivity
Sleepiness
Alcohol
Drugs

FALSE BURDEN

False responsibility
False compassion
FATIGUE
Tiredness
Weariness
Laziness

FEARS (ALL KINDS)

Phobias (all kinds)
Hysteria

FEAR OF AUTHORITY

Lying
Deceit

GRIEF

Crying
Sadness
Cruel
Sorrow
Heartache
Heartbreak

GUILT

Condemnation
Unworthiness
Embarrassment

GLUTTONY

Nervousness
Compulsive Eating
Resentment
Frustration
Idleness
Self-pity
Self-reward

HEAVINESS

Burden
Gloom
Disgust

HYPERACTIVITY

Restlessness
Driving
Pressure

INDECISION

Procrastination
Compromise

Confusion
Forgetfulness
Indifference

INHERITANCE

Physical
Emotional
Mental
Curses

IMPATIENCE

Agitation
Frustration
Intolerance
Resentment
Criticism

MIND-BINDING

Confusion
Fear of Man
Fear of Failure
Occult Spirits
Spiritism Spirits

INFIRMITY

may include any sickness
or disease

INSECURITY

Inferiority
Self-pity
Loneliness
Timidity
Shyness
Inadequacy
Ineptness

JEALOUSY

Envy
Distrust
Suspicion
Selfishness

MENTAL ILLNESS

Insanity
Madness
Mania
Retardation
Senility
Schizophrenia
Paranoia
Hallucinations

MIND IDOLATRY

Intellectualism
Rationalization
Pride
Ego
Humanism

NERVOUSNESS

Tension
Headache
Nervous habits
Restlessness
Excitement
Insomnia
Roving
Striving

PARANOIA

Jealousy
Envy
Suspicion
Distrust
Fears
Persecution
Confrontation

PASSIVITY

Funk
Indifference
Listlessness
Lethargy

PERFECTION

Pride
Vanity
Ego
Frustration
Criticism
Irritability
Intolerance
Anger

PERSECUTION

Unfairness
Fear of Judgement
Fear of Condemnation
Fear of Accusation
Fear of Reproof
Sensitivity

PRIDE

Ego
Vanity
Self-righteousness
Haughtiness
Importance
Arrogance

REBELLION

Self-will
Stubbornness
Disobedience
Anti-submissiveness

RELIGIOSITY

Legalism
Rigidity
Self-righteousness
Judgement
Condemnation

REJECTION

Self-rejection

RETALIATION

Destruction
Spite
Hatred
Sadism
Hurt
Cruelty

SELF-ACCUSATION

Self-hatred
Self-condemnation

SELF-DECEPTION

Self-delusion
Self-seduction
Pride

SENSITIVITY

Self-awareness
Fear of man
Fear of disapproval

STRIFE

Contention
Bickering
Argument
Quarreling
Fighting

VICTIM

Self-pity
Bitterness
Entitlement
Embellishment

WITHDRAWAL

Pouting
Daydreaming
Fantasy
Pretension
Unreality

WORRY

Anxiety
Fear
Dread
Apprehension

