

Many people today, including Christians, are experiencing weariness. Some believers are even weary to the point of feeling completely worn out. It may surprise you to know that the Bible tells us this would happen. In Daniel 7:25 it says, **And he [Satan] shall speak words against the Most High [God] and shall wear out the saints....** Wearing out the saints is a major part of the devil's end-time strategy. He is working very hard to make us sick at heart and sick in our body so that we will feel like giving up. Thankfully God has provided everything we need to defeat the enemy's plan.

Power For The Faint

Satan tries to wear us down to the point of being faint—or giving up—so he can intensify his attack and defeat us. When we are doing everything we know to do over and over, without seeing the results we desire, we can often become weary in well-doing and be tempted to give up. The enemy's goal is to keep you and me from receiving the harvest that God is preparing for us.

The Bible encourages us in Galatians 6:9, not to *...lose heart and grow weary and faint in acting nobly and doing right, for in due time and at the appointed season we shall reap, if we do not loosen and relax our courage and faint*. For God *...gives power to the faint and weary, and to him who has no might He increases strength [causing it to multiply and making it to abound]* (Isaiah 40:29).

I want to share two things that I believe will help you avoid losing your courage and fainting. The first thing that you and I need to do is learn to live in total dependence upon God and not function in the “strength” of our flesh. The second thing we need to do is have a greater understanding of God's ways so we don't use our energy *resisting* His dealings in our life. Instead, we need to learn to surrender to them.

Strength For Those Who Believe

I am convinced that many sincere Christians are literally wearing themselves out *trying* to serve God. In the midst of all our trying, we sometimes forget to *believe* and trust the Lord for the strength we need to live the kind of life He has called us to live. As we depend upon Him, He will do the good works through us that He has prepared for us to walk in.¹

Years ago, before I learned this lesson, I was wearing myself out trying to do everything in my own strength. I was working hard to change myself and my family, make my ministry grow and do all the good works I thought a Christian should be doing. I ended up complaining constantly to the Lord about how tired I was. Then one day I heard someone say something that really struck me: “God is not impressed with your tiredness.” As a result of that comment, I finally realized that God never asked me to wear myself out. Rather, what I needed to do was wait on the Lord for strength and direction for what to do and when.

Now, that doesn't mean that we will never experience fatigue. But it does mean that we should not be constantly dragging ourselves around exhausted physically, mentally and spiritually. When we are feeling faint and weary we need to wait on the Lord in faith. He will make His power available to us, so that we can renew our strength.²

Understanding For The Weary

Understanding how God deals with us—His way of working in our lives—is very important. When we don't understand God's dealings in our lives, we can often become worn out and even resist what He is trying to do. We know that God does not do bad things *to us*, but sometimes we fail to realize that everything that **feels** bad is not necessarily bad *for us*.

For instance, if a doctor tells us we need to have a tumor removed, we take his advice and have it removed—even

though surgery doesn't *feel* good. It's often the same way in the Spirit. When God wants to change something in our lives, we need to "take His advice" and cooperate with Him.

I can remember a time long ago when I used to wear myself out trying to prepare for my meetings. I would go around praying and working hard to build myself up spiritually. I worked so hard at being spiritual that sometimes I would even forget to eat and sleep. When the Lord began dealing with me in this area, I learned that I didn't have to do all that to minister for Him. I simply needed to abide in Him and do what He led me to do. I took God's advice, learned to relax in Him, and quit exhausting myself trying to get ready for my meetings.

Even though God's dealings in our lives may not seem very exciting or enjoyable at that moment, we need to surrender ourselves and our situation to Him.³ When we invite Him to take over, He will work out *in* us and *through* us what needs to be done in our lives.

As Christians, God's plan for us is to walk in His strength and overcome all attacks of weariness in our lives. He has made us to be more than conquerors through Christ and has provided all the strength we need. The truth is, we need His strength all the time for everything—not just when we are doing something "spiritual."⁴

You need Him just to get up out of bed in the morning and make it through the day... to love your family and to do your job well. God will continue to renew your strength daily as you continue to *depend* upon Him and *cooperate* with Him. You can say, "God, I believe You are smarter than I am, and You have a better plan than I do! I believe Your ways are better than mine because Your thoughts are above my thoughts."⁵ I surrender my life to You." As you wait on Him, He will set you free from weariness and fainting in every area of your life and renew the spirit of a conqueror in you!

(1) Ephesians 2:10. (2) Isaiah 40:31. (3) Hebrews 12:11. (4) John 15:5; Philippians 4:13. (5) Isaiah 55:9.

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